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B.A. 2nd Year

Paper - Psychopathology

Topic - Difference Between Normal & Abnormal Behavior

## Normal Behavior

Following are some of the norms used to to normality of the individual's behavior:

- (i) State of perfection as Normality
- (ii) level of Adjustment of Normality
- (iii) Reality testing as Normality
- (iv) Behavior control as Normality
- (v) Self worth as Normality
- (vi) Self awareness as Normality
- (vii) Social Relationships as Normality
- (viii) Effective Functioning as Normality

## Abnormal Behavior

On the other hand, opposite of above features classifying as abnormality of behavior such as

- (i) Violation of Social Norms
- (ii) Maladaptive Behavior

(iii) Personal Distress

(iv) Failure to Function Adequately:

- (a) Suffering
- (b) Maladaptiveness
- (c) Vividness and Unconventionality
- (d) Unpredictability and loss of control
- (e) Irrationality
- (f) Causes Observer Discomfort
- (g) Violated Moral/Social Standards